

# **Dental Clinical Policy**

**Subject:** Osseous Surgery (Periodontal)

Guideline #: 04-205 Publish Date: 01/01/2024 Status: Revised Last Review Date: 10/11/2023

# Description

This document addresses the procedure of osseous surgery used in the treatment of periodontal disease when there is resultant bone loss.

The plan performs review of osseous surgery due to contractual requirements that necessitate benefits for dental services meet specific contract requirements. For example, plan contract(s) may require the provision of benefits for services that meet generally accepted standards of dental care at the lowest cost that properly addresses the patient's condition. The conclusion that a particular service is medically or dentally necessary and/or appropriate does not constitute an indication and/or warranty that the service requested is a covered benefit payable by the dental plan.

#### **Clinical Indications**

When gingivitis progresses to periodontal disease, osseous surgery may be necessary. For osseous surgery to be appropriate, bone loss (horizontal or vertical defects) must be documented around teeth and dental implants and with pocket depth recordings measuring 5 millimeters or greater with bleeding upon probing.

Dental review as it applies to accepted standards of care means dental services that a Dentist, exercising prudent clinical judgment, provides to a patient for the purpose of evaluating, diagnosing or treating a dental injury or disease or its symptoms, and that are: in accordance with the generally accepted standards of dental practice; in terms of type, frequency and extent and is considered effective for the patient's dental injury or disease; and is not primarily performed for the convenience of the patient or dentist, is not cosmeticand is not more costly than an alternative service.

For dental purposes, "generally accepted standards of dental practice" means:

- standards that are based on credible scientific evidence published in peer-reviewed, dental literature generally recognized by the practicing dental community
- specialty society recommendations/criteria
- the views of recognized dentists practicing in the relevant clinical area
- any other relevant factors from credible sources

## Criteria

Osseous surgery procedures are considered appropriate with:

- 1. Completion of initial periodontal therapy (e.g. scaling and root planing) allowing a minimum of four weeks prior to any surgical treatment for the tissues to properly heal which allows for proper assessment of the success or failure of non-surgical therapy.
- 2. Post initial periodontal therapy (e.g. scaling and root planing) periodontal charting demonstrating pocket depths greater than or equal to 5mm.
- 3. Current (within 12 months), dated, post initial periodontal therapy (e.g. scaling and root planing) periodontal charting (6-point periodontal charting) indicating pocket depth recordings of a minimum of 5mm.
- 4. Current (within 12 months), dated, diagnostic, pretreatment radiographic images demonstrating either horizontal and/or vertical osseous defects.
- 5. When radiographic images are not demonstrative, a detailed narrative describing periodontal case type, percentage of bone loss, measured furcation involvement, and description of the vertical defect may be requested.
- 6. Benefits will be limited to two quadrants per date of service. Exceptions will be allowed on a case-by-case basis.
- 7. Benefits are group contract dependent but are limited to one (1) osseous surgical procedure in a given period per single tooth or multiple teeth in the same quadrant and only if the pocket depth of the tooth is a minimum of 5mm.
- 8. Periodontal surgical procedures such as, but are not limited to, gingivectomy or gingivoplasty, mesial/distal wedge procedure, anatomical crown exposure, gingival flap procedure, apically repositioned flap, clinical crown lengthening, and surgical revision procedure are considered inclusive with osseous surgery.
- 9. Only those teeth with favorable periodontal outcomes will be considered for benefit.

Osseous surgery may be appropriate for the treatment of periodontal disease defects on natural teeth and dental implants. Dental implants will be considered the same as a natural tooth as it relates to quadrant surgery.

Osseous surgery post-operative management as well as for any surgical re-entry has a frequency limitation as per group contract.

Note: Whether a service is covered by the plan, when any service is performed in conjunction with or in preparation for a non-covered or denied service, all related services are also either non-covered or denied.

## Coding

D4260

The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

**CDT** *Including, but not limited to, the following:* 

Osseous surgery (including elevation of a full thickness flap and closure) – four or more contiguous teeth or tooth bounded spaces per quadrant

D4261	Osseous surgery (including elevation of a full thickness flap and closure) – one to
	three contiguous teeth or tooth bounded spaces per quadrant
D6101	Debridement and osseous recontouring of peri-implant defect or defects
	surrounding a single implant, surface cleaning of the exposed implant surfaces,
	including flap entry and closure.
D6102	Debridement and osseous recontouring of a peri-implant defect or defects
	surrounding a single implant, and includes surface cleaning of the exposed
	implant surfaces, including flap entry and closure

ICD-10 CM Diagnoses for Dental Diseases and Conditions: See the current CDT code book for details

### **References:**

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#### History

Revision History	Version	Date	Nature of Change	SME
	initial	12/14/16	creation	M Kahn G
				Koumaras
	Revision	2/8/17	General verbiage	Rosen
	Revision	2/16/18	Appropriateness/medical	M Kahn
			necessity, criteria	
	Revision	10/08/2020	Annual Review	Committee
	Revised	12/4/2020	Annual Review	Committee
	Revised	10/30/2021	Annual Review	Committee
	Revised	10/26/2022	Annual Review	Committee
	Revised	10/11/2023	Annual Review	Committee

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